

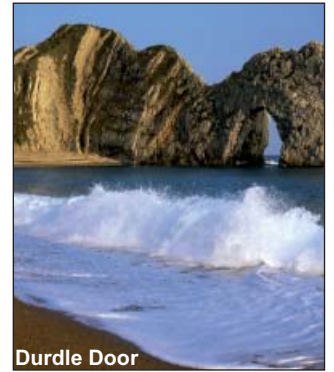


# Update

Green Pastures

Resources for Life

Summer 09



## 55 years . . . and counting!

Yes it's true, Green Pastures is celebrating 55 years of ministry this year! To mark the occasion, we have invited Right Reverend John Perry to speak at our AGM on 4 July 2009. He very much values the importance of Retreat Houses like Green Pastures having served as Warden of the Lee Abbey Community in North Devon. Also, to help us celebrate, Marilyn Baker and Tracy Williamson are giving a concert on Wednesday evening 1 July. Following Colin's departure last July, the Executive decided to delay appointing a replacement while we reviewed the way forward. We commissioned Tim Goulding, a consultant, recommended by Colin, to look at all aspects of GP's work, and to

make recommendations. His 3-month study has triggered a process of discussion and reflection, which is ongoing. We would now very much value the thoughts and ideas of our guests/members. During the week prior to the AGM our Executive will be coming in to hear your views and thoughts on a variety of topics (see programme ⇒). We may also organise a trip out during the week depending on weather and if guests/members would like it. Anyone who is interested in helping GP plan for the future would be

very welcome to join us for the week (or part of the week) commencing 28 June

- Mon 29 June at 10.00 am  
**GP programme**  
led by Rev David Huggett
- Tues 30 June at 10.00 am  
**Advertising and promotion**  
led by Alan Field
- Thurs 2 July at 10.00 am  
**GP's facilities**  
led by Richard Tazewell
- Fri 3 July at 10.00 am  
**Past, present and future**  
led by Rev Jackie Leswell

and attend the AGM on the 4 July. Members will receive a 15% discount (provided they attend the AGM). If you would like to become a member, please ring us to apply for membership (£25 per annum). This will entitle you to the discount and to vote at the AGM. The AGM will start at 10.30 am on 4 July and finish with a light buffet lunch. We very much hope you will come, express your views and help shape the future of GP.



**GP stand at CRE**

This year for the first time, Green Pastures had a stand at the National Christian Resources Exhibition at Esher, Surrey from 12-15 May. Our stand was in the Mind & Soul Zone situated in the Pavilion (Psalm 27 v4-5). We were able to speak and pass out leaflets to many people who had not heard of Green Pastures before and were also pleased to meet with some 'old'

friends. We thought it might be nice to offer a taste of Dorset by giving away slices of Dawn's famous Dorset Apple Cake. We also had a competition to win a free weekend stay and I am pleased to say that this has been won by a lady from Croydon. As awareness of GP increases, we hope more people will come, and through their stay, draw closer to God.

### Baptists Assemble in Bournemouth!

Green Pastures was asked to create a Quiet Space for the delegates who met at the Bournemouth International Centre in May for their annual assembly. We were given a room for the refreshment area and many people found the tranquil space a blessing during the busy programme. Banners, candles and gentle music helped to provide a relaxing and prayerful atmosphere. The Green Pastures team also led a time of prayer on Friday morning - a time for delegates to reflect on what they had heard and learnt at the Assembly and how that will encourage and impact their churches on their return.





### Health & Wholeness

22-26 June 2009

led by Audri Coleman

A week which combines healthy eating (no sticky toffee pudding on this retreat!) with a programme including a walk in the New Forest, a beach walk, pilates and weather permitting – pool aerobics.

We will also be looking at how putting God at the centre of our lives can help us to lead a fuller, more fulfilling life.

A back and shoulder massage is included in the price. From £235



### Walking with Jesus

6-10 July 2009

led by Revds David & Debbie Hawker with Rev David Huggett (especially for missionaries)

“A quiet retreat with an emphasis on personal reflection. Personal spiritual accompaniment will be available.” This retreat is geared for those finishing a time of overseas service or transitioning back to the UK and for those on home assignment before returning to the field. From £260



### Combatting a Stress-filled Culture

17-20 July

led by Pam Howarth

On this retreat, Pamela will share practical suggestions and relaxation techniques to regain the balance back into our lives. We will learn to look afresh at our coping mechanisms, and gain Biblical insights into restoring positivity into our lives and practising peace. The price also includes a back and shoulder massage, and the opportunity to participate in a Pilates taster session. From £170



### Tools for the Job

14-16 August 2009

led by Revd David Betts

This weekend we will be exploring and using spiritual gifts.

Not only does the Holy Spirit reveal truth to the Christian and reproduce the character of Christ in us through the fruit of the Spirit; He also gives us the gifts of the Spirit – tools for the job – to make us effective in Christian service.

This weekend will unpack what these supernatural gifts are, and how we can receive and use them. They are accessible and exciting to use! From £140



### Dreams, God's Neglected Gift

21-23 August 2009

led by Rev Russ Parker

During this weekend we will explore what the scriptures teach us about dreams, how they are a mixture of our own questing and God's intervention into our circumstances with visions. Imagine the Christmas story if all the dreamers had ignored their dream message! Learn how to understand the way in which dreams work and how to arrive at the right interpretation and then choose the proper actions in order to follow your dream message. From £140

### individually guided retreats

4-11 September 2009

6-13 November 2009

These retreats start on a Friday and last between 4 and 7 days, with a 4-day minimum. Whilst a 4 day stay is possible, it is hoped that folk will want to stay for the full 7 days.

There will be a maximum of 5 retreatants at one time. We will eat as a separate group and have the use of part of the building which will remain quiet and peaceful.

The retreat will include a daily service of Holy Communion and silent night prayer together.

Each person will meet daily with the retreat giver, David Huggett, and during that time will be given daily 'prayer work' (scriptures for meditation). We shall move into silence early on in the retreat and continue with this until late in the retreat. All retreatants will be asked to arrive for a 3pm introductory meeting on Friday.

### Bed & Breakfast

From 20 July to 23 August

Green Pastures will be offering a cooked breakfast as well as the usual cereal, grapefruit, prunes, toast coffee/tea. We thought, in the holiday season, people may not want to be tied to meal times and have freedom to explore and enjoy this beautiful area. With the beach just a mile away and the attractions of Poole and Bournemouth minutes away, it's an ideal spot for a holiday.

We can organise a packed lunch and you can book an evening meal for the nights you want to stay in. From £25 per person, per night



### non-residential

#### Wednesday 'Time Out'

Consists of led reflection and time for personal quiet and prayer. From 10.15 am to 4.00 pm (lunch is included in the day price of £12).

|           |              |
|-----------|--------------|
| 17 June   | 1 July       |
| 15 July   | 5 August     |
| 26 August | 30 September |

#### Thursday Art & Craft workshop

Space for those wishing to explore life and faith through art and craft. From 10.15 am to 4.00 pm (lunch is included in the day price of £12)

|           |              |
|-----------|--------------|
| 25 June   | 23 July      |
| 20 August | 24 September |

#### NEW 2009 Fellowship Days

A chance for you to enjoy the facilities without any set programme. Come by yourselves or meet up with friends. From 10.15 am to 4.00 pm (lunch is included in the day price of £12)

|             |           |
|-------------|-----------|
| 29 July     | 12 August |
| 9 September | 7 October |

If you have any queries about any of the led retreats on this page or about coming to Green Pastures on your own or with a Group please do not hesitate to ring for more information

PLEASE RING 01202 764776 TO BOOK THE ABOVE DAYS